

March 23, 2016



"The best way to cheer yourself up is to try to cheer somebody else up."

-Mark Twain-

Donate Today!

Spring is in the Air!

And we all know what that means - it's time for Spring Clean Up! Come by Spirit on April 9th at 9am to help Spirit look it's best. We have gravel to shovel, tack to clean, flowers to plant, sheds to organize, and even a craft table set up for the youngsters. Lunch is provided and there will be things to do for all ages, so be sure to bring the whole family!

Questions? See Trisha for more information!

Happy Birthday!

We'd like to wish a very happy birthday to the following members of the Spirit Team:

Briana K - March 2
Ashley B - March 18
McKenna O - March 30



Dressed Up for St. Paddy's Day!



We are Spirit

Have you met Becca?



Becca is a native of New Orleans who moved to Las Vegas in 2003 and is now a member of Spirit's Board.

Becca's daughter is a rider at Spirit and while she had never heard of horseback therapy or been around horses, when she saw how much it helped her daughter reach physical and mental milestones it encouraged her to want to be part of the Spirit Team!

Be sure to say hi to Becca!

Vegas Ventures

Arabian Breeders World Cup

April 14 - April 17

This exciting 3-day event features the worlds finest Arabians at The South Point Hotel and Casino! Come see one of the oldest breeds of horse. For more information, click [HERE](#).

Walter Hoving Home 5k Fun Run/Walk!

April 23

This run/walk benefiting the Walter Hoving Home, a residential home that houses and helps women suffering from life controlling addictions, will take place at Conerstone Park in Henderson and the entry fee includes a t-shirt and BBQ after the race! For more information, click [HERE](#).

Spirit Therapies
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Questions about volunteering?
Contact Trisha today!
(301) 351-2669

www.spirittherapies.org