

January 15, 2016



The time is always right to do what is right.

-Martin Luther King, Jr.

Donate Today!

Trot Up For Spirit

It's time to shake off the cold and stretch your legs! Spirit Therapies' annual 5K run/one mile walk, Trot Up For Spirit, is scheduled for Saturday, February 20 at W. Wayne Bunker Family Park and registration is open!

Warm up begins at 9:50 a.m. and the event will end with a tour of Spirit Therapies at noon so prepare yourself for a day of sun and fun.

For more information, click [HERE](#).

See's Candy

Valentine's Day is right around the corner and Spirit has just what everyone needs - See's Candy! Stop by the barn to pick up an order form then get all your friends and family on board with this chocolaty and delicious fund raiser!

Taste of Spirit

October may seem forever away but it's coming fast, trust us! It's never too soon to start collecting items for auction. Not sure what to do with the Christmas gift your Great Aunt gave you? Consider donating it!

We are Spirit

Have you met Julie?



She's the current President of the Spirit Therapies Board! She lived in Germany, England, and Hong Kong before moving to Las Vegas in 1994.

Julie is currently working on her PATH certification to become a riding instructor and is more than happy to chat so next time you see her, be sure to step up and say hello!

Vegas Ventures

Winter Championship Cutting Horse Event & Western Gift Show Feb 10 - Feb 14

Looking for a different way to celebrate Valentine's Day with your horse crazy special someone? The South Point Hotel and Casino is hosting this intense cutting horse event featuring four separate shows and daily winners! For more information, click [HERE](#).

Healthy Cooking! A Demonstration Class

Jan 23

Was helping your family eat healthier on your list of things to do this year? Check out this class being held at Springs Preserve! Learn from the chef—a trained athlete and physiologist—how to apply nutrition fundamentals using culinary techniques so you can turn your classic favorites into healthy meals without skimping on their decadence. For more information, click [HERE](#).

Spirit Therapies
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Questions about volunteering?
Contact Trisha today!
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